

WHO WE ARE

The Addictions Care Center of Albany (ACCA) empowers individuals, families and communities to advance beyond addiction and overcome barriers to healing through an array of quality, compassionate care and prevention programs.

Serving the community since 1967, ACCA is a private, nonprofit organization and relies on public support to help maintain critical programs throughout the Capital Region.

Through intensive, proactive programs aimed at preventing substance abuse, and through state-of-the-art treatment programs customized to individual needs, ACCA effectively touches the lives of over 5,000 people throughout the Capital Region every year.

We accept most private insurance, Medicaid and offer a sliding scale fee for self-pay clients.



Addictions Care Center of Albany

90 McCarty Avenue
Albany, New York 12202

Phone: 518.434.2367

Fax: 518.434.2372

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The Addictions Care Center
of Albany, Inc.

***“Healing the hearts of everyone
touched by addiction.”***

Outpatient Evening Program



The Addictions Care Center
of Albany, Inc.

Call us at 518.434.2367

The Evening Program

WHAT WE DO

ACCA's newly formed Evening Program offers both group and one-on-one counseling to those individuals who are suffering with addiction.

Counselors work closely to equip individuals with the skills they need to experience lasting recovery. Client services are coordinated with other ACCA programs as well as other community based services to provide an all-encompassing network of support.

Located in Albany on 90 McCarty Avenue, the ACCA Evening Program is centrally located, only minutes away from downtown Albany and conveniently positioned at the base of 787, right off of NYS Thruway Exit 23. For more information or to make an appointment, call us at **518.434.2367**.

Visit us on the web at www.theacca.net



FAQs

How can you or someone you love get help?

Call the Clinic to request an appointment. A licensed counselor performs an assessment to determine the necessary level of care. If evening counseling is recommended, a confidential, individualized treatment plan will be completed, and you can then begin counseling.

What happens during counseling?

Individuals meet in a group setting one to two evenings per week. Additionally, clients meet with their counselor monthly in a private office setting to discuss coping skills and details of their treatment. Each client is strongly encouraged to seek out and participate in sober social and recreational activities to reinforce skills learned in counseling sessions.

Do you accept insurance?

ACCA accepts most private insurance, Medicaid and offers a sliding scale fee for self-pay clients.

What are the hours of the Evening Program?

Group sessions are held every Monday and every Wednesday from 5:30–7:30pm in the small training room of the Continuing Education



building at 90 McCarty Avenue. Individual treatment sessions are coordinated with the counselor at the convenience of the client.

Why should I consider the ACCA's Evening Program if I need counseling?

ACCA provides discreet services to those who need help. Our Evening Program counselors specialize in dealing with the unique stressors of the working population and are able to identify with the individuals and groups they serve.

Individuals being treated and educated regarding the effects of alcohol and/or drug use need a safe, comfortable environment in which to learn. The ACCA facility at 90 McCarty Avenue is a confidential atmosphere in a convenient location between your workplace and home. ACCA provides a well-lit parking lot and an easily accessible ground-floor building so that your concern is *treatment first*. We encourage you to visit our website at www.theacca.net or call us at **518.434.2367**.

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